



About me!

Hi I'm Emer Munnely (she/her) and I am running to be your next JCR Welfare Officer! I'm an English Studies student and I am from the fab village of Geesala, Co. Mayo. I have loved my time in Halls and have made some of my favourite memories here. First year in Halls is an amazing series of firsts; living away from home, making new friends, studying in Trinity, being brought home from nights out etc etc. I want to be your next JCR Welfare officer to ensure that the incoming first years have the same amazing experience I was lucky to have with their wellbeing and welfare looked after throughout the year.

My Experience

- ✿ I am the first year rep on the TCDSU Welfare and Equality Committee and through that I have helped make positive change on campus through conversations, notably with the recent Free Period Product Initiative.
- ✿ I have been a member of the Mindspace Mayo Youth Panel since January of 2021 which is a free youth mental health service and through that I have been able to help educate others in looking after one's own wellbeing.
- ✿ Recently as part of the TCDSU elections, I was the Halls Campaign manager for incoming TCDSU Welfare and Equality officer Aoife Bennett.
- ✿ I have taken part in plenary sessions on both national and international levels, for instance when I attended the European Youth Event in the European Parliament where youth issues and mental health were at the forefront of conversation.
- ✿ I have completed the University of Galway's Active Consent Training and Diversity Matters Training with Immigration Council of Ireland.
- ✿ I was chairperson and vice-chairperson for my local Foróige from 2019/20
- ✿ I am currently the Stage Manager for the JCR Halls Musical, where I basically make sure the show is running smoothly (crouched over a laptop) and that the cast and production team are all getting along and most importantly comfortable and enjoying themselves.

Support

I want to utilise the JCR welfare instagram by appointing a Designated PRO and vice PRO on the welfare team, thus providing constant engagement and point of contact particularly on JCR club nights with guaranteed fast response time and support.

QR code - to instagram with PRO will be throughout venues thus providing JCR support as soon as possible.

I want to look into working with OTs and TCD Sense about potentially adding further sensory spaces for students within Halls.

Looking after you

A positive and welcoming environment between all is essential. I want to increase engagement between residents within Halls to keep the community at heart. I want to bring back the hangover brunch as a welfare event post JCR events to encourage the same sober engagement post alcohol orientated events.

I want to ensure anti-spiking lids are provided for incoming Halls residents and provided at JCR events as student welfare and safety is integral to ensure everyone can have fun and enjoy themselves

Physical activity is so important for our mental health but I understand exercising alone can be difficult thus I hope to collaborate with the next Sports Officer to organise a Walks n' Talks initiative where a group chat will be set up and weekly walks will be organised with other Halls residents on walk/hike routes in different locations.

During exam season I also hope to host study session nights where snacks will be provided as well as some fun non-alcohol orientated breather events in collaboration with the future ENTS and Sports Officer.

Education

I understand that a lot of residents are new to Dublin and Ireland upon moving to Halls, thus I want to have a Transport workshop incorporated into freshers weekend talks teaching incoming first years how to get to and from college as well as ensuring everyone knows how to safely get to and from upcoming JCR and ENTS Freshers Week club nights and events.

I hope to continue the cooking classes with OTs that were provided this year for the residents of 2023/24 as a healthy diet is so important for the wellbeing of students. I also hope to expand this by uploading healthy recipes to the Welfare Instagram for those who can't attend the classes each week.

I want to use my position to ensure consent and inclusive sex education talks and workshops are held for all Halls residents. I understand that Halls has a diverse community from a wide range of backgrounds with each individual coming with a different level of sex education hence hope to offer hybrid models whereby the talks would take place in person with an online live video link also available so it is accessible and comfortable for a wider audience.

I understand for a lot of people this is the first time they are living away from home with their peers and potentially romantic partners. Thus, I hope to collaborate with societies within the college as well as guest speakers in holding a healthy relationships talk.

I understand upon reading the incoming Welfare and Equality Officer Aoife Bennett's manifesto that TILT Diversity training is to be provided to students through CSC committees thus want to strive to ensure that the incoming JCR of 2023/24 are also seen as a body in that and provided with such training as I understand that Halls is a diverse community and the JCR is a representative for all residents.